



September 29, 2021

Protocols for Staff and Program Participants during Covid 19 Pandemic Fall Sports

COACHES:

In addition to CDC and CIAC procedures and program participation the following guidelines should be followed to ensure safety of all volunteers, residents, and program participants due to the Covid-19 Pandemic. These protocols should be initiated immediately and followed until further notice by the Parks and Recreation Director or his designee.

COVID-19 Vaccination

Vaccination is currently the most important and effective strategy for preventing COVID-19 infections and transmission during athletic activities. Athletic organizations should strongly encourage all eligible participants to get fully vaccinated (i.e., 2 weeks after the 2nd dose of Pfizer or Moderna mRNA vaccines or the single dose of Johnson & Johnson vaccine) against COVID-19 to protect themselves, their families, and their communities. Vaccination can help athletes, coaches, and officials avoid interruptions and/or cancellations of athletic activities because, unlike unvaccinated individuals, fully vaccinated athletes, coaches, officials, and other participants:

- no longer need to quarantine after exposure to a known COVID-19 case if they remain asymptomatic
- do not need to be included in regular screening testing programs for COVID-19

Currently, no COVID-19 vaccine is approved for use in children younger than 12 years old, and many vaccine-eligible youth will not be fully vaccinated for the start of the Fall sports season. The risk of COVID-19 transmission among these participants and any at-risk family members remains significant

• **Face Masks**

- In accordance with Governor Ned Lamont's current **Executive Order 13A** (issued on August 5, 2021) regarding mask use for the prevention of COVID-19, masks **must be used** during **indoor** athletic activities by **all participants who are not fully vaccinated** (i.e., any coaches, athletes, officials, spectators, etc. who are not at least 14 days past their second dose of Pfizer or Moderna vaccine or their first dose of Johnson & Johnson vaccine) **at all times**. *Of note, organizers of any athletic activity involving children younger than 12 years old should plan for continuous*

mask wearing by all participants during any indoor athletic activity, as there is currently no COVID-19 vaccine approved for these children.

- The current **DPH Commissioner's Order** likewise indicates that, for athletic events that take place **inside any public or non-public PreK-12 school facility, masks must be worn indoors by all individuals at all times**, regardless of vaccination status. This includes all athletes, coaches, and officials (even during active play), as well as any spectators or other individuals inside the facility.
- **At this time the Town of East Hampton Parks and Recreation Department will require that masks be worn by all players, coaches and spectators while attending games and practices indoors throughout the season. This includes players playing in the game and on the bench. Failure to comply could result in a dismissal from the game or event.**
- **Pickup and Drop Off Procedures**
 - Practice drop off and pick up will be at a designated area for each location (Memorial School – Side doors of the gym, Center School – Front entrance of school, Middle School – Side entrance near parking lot). No one other than the program participant should enter the buildings to pick up or drop off for all practices.
- **Quarantine procedures.**

Quarantine and Other Actions after Exposure

CDC has recently published **new guidance** for individuals who have been identified as a **close contact of a known COVID-19 case**:

- If **fully vaccinated** (i.e., 14 days after their final vaccine dose), or fully recovered from COVID-19 in the prior 90 days, and **remain free from symptoms** of COVID-19: **do not need to quarantine** away from athletics or other activities
 - **get tested** 3-5 days after last contact (*note: testing is not recommended for individuals who have recovered from COVID-19 within the prior 90 days, as a positive test result may be residual and not reflective of current infection*)
 - **wear a mask** when around other people (indoors or outdoors) until a negative test result is received (or for 14 days if no test is performed)
 - If **fully vaccinated** (i.e., 14 days after their final vaccine dose), or fully recovered from COVID-19 in the prior 90 days, and **experiencing symptoms** of COVID-19: **get evaluated by a healthcare provider** as soon as possible
 - **quarantine** away from athletics and other activities **for a full 14 days**, or 10 days with a negative test on day 8 or later, **unless a healthcare provider rules out COVID-19** as the source of symptoms (which will usually include a negative test result)
 - **wear a mask** when around other people (indoors or outdoors) for 14 days, or until COVID-19 is ruled out by a healthcare provider
- If **not fully vaccinated**, or have not had COVID-19 in the prior 90 days:

- **quarantine** away from athletic activities for a **full 14 days**; or at least 10 days with a negative test at day 8 or later
- **continue to wear a mask** around other people for a **full 14 days**, regardless of when release from quarantine occurs

It is the request of all Coaches and parents to report any symptoms or positive Covid-19 tests to the Parks and Recreation Department (860) 267-7300 and the Chatham Health Department (860) 365-0884 immediately, all information will remain confidential and will be used to help facilitate contact tracing.

These protocols are put in place to allow for safe environment for all, please abide by these rules and regulate them with consistency, if you are at all confused or concerned about the safety of those within the program or the safety of yourself, please call me and we will work to solve these issues.

Thank you,

Parks and Recreation Director
Jeremy Hall
860-267-7300